

This House Believes That Every Child Should Have To Join A Sports Club Or Team

Fact: Doctors recommend that children do at least 60 minutes of physical activity a day

Fact: Around the time of the 2012 London Olympic Games, almost three-quarters of children played in a sports club or team.
But what about the 1/4 who didn't?

How many different sports can you think of?

- Do you already have P.E lessons in school? Is that enough exercise?
- What about running around at break and lunchtime?
- What if someone doesn't enjoy playing sport? Would forcing them to do it make them enjoy it?
- What if sports clubs are expensive?
- Would people just stop playing sports when they became adults and they weren't being forced to do it?
- Would this create good habits that people would continue as grown ups?
- Are sports clubs a good way to meet children other schools and make friends?
- Is learning about competition a good thing?
- What if someone wasn't very good at sport?
- Would boys or girls be more likely to play sport? Would making everyone play sport change this